# Shop • Dine • Play • Stay









# LOCALLY

...and support the community you live in!

the community



2 0 1

-

0

P

S

a

1

e

5

A

W

a. 11 d

S ddoT Douglas COUNTIES, MINNESOTA

www.LincolnMarketing.us



FREE Resident Guide

2016

т.

a

-

8

s

0

-

s

a

100

i

~

ati



### DONNA DURAND **ZO# 611**

EL/AMSOIL ACADEMY III/AMSOIL MUSEUM AMSOIL NATURAL GARDENS

Join With The Nation's Sales "Leaders" Since 1976! **BILL & DONNA DURAND, ZO# 611** HALL OF FAME

7 Star Regency Platinum Direct Jobber Over 20,000 Online Members Over 120 Downline Directs

"Let Us Help You Build Your Own Business"

Free 6 month Membership to first 10 Responders. Call Or Go Online Today! \*\*\*\*\*\*\*

WI Office: 1-800-416-7109 NY Office: 1-917-745-7423

www.bestvaluesynthetic.com "Factory Direct...Nobody Beats Our Prices"





Coffee Bar - ATM - Groceries - Snacks - Bait Propane - Auto & Snowmobile Oil & MORE! FUEL: Premium Clear Gas "NON-OXY" Unleaded 87 Octane & Diesel

OFF-SALE LIQUOR Beer - Spirits - Wine Closed Sundays

4178 County Road 82 NW Alexandria 320-219-7523

On The DATA Trail, Across From Lake Brophy





We believe our pets are just as important as our children and we treat them just as well!

**HAYLEE GIBSON** 

OWNER/MANAGER 320.846.0003

619 3rd Ave E Suite 101 • Alexandria, MN 56308



### Pable of Contents

2	Local Area Events
4	RESIDENTIAL SERVICES
6	TODD COUNTY HISTORY
7-8	TODD COUNTY COMMUNITIES
9	Douglas County History
10-11	Douglas County Communities
14-15	Parks & Recreation
16-17	Local Area Attractions
18-19	HUNTING SEASONS
20-21	DNR LICENSE CENTERS
23	FISHING SEASONS
30-31	AREA TRAILS
	T.H.Ol

Scan the QR Codes to go to the individual county pages.





This free publication is made possible by the advertisers and other local agencies and may not be reproduced. Please support the local advertisers on this publication.

Comments and/or suggestions may be directed to: info@lincolnmarketing.us

View this publication online at www.LincolnMarketing.us

### LOCAL AREA EVENTS

### **JANUARY**

Annual Lutefisk Dinner | Alexandria

### **FEBRUARY**

Sertona Ice Fishing Challenge | Alexandria

### MARCH

Osakis Ice Tee Golf Tournament

### **APRIL**

Miles for Meals Walk | Osakis Garfield Fish Fry

### MAY

Awake the Lakes Festival | Alexandria Heritage Fest | Alexandria Memorial Day Parade | Osakis

### JUNE

Browerville Heritage Days Clarissa Summer Fest Osakis Festival Runestone Days | Kensington Prairie Days Heritage Festival | Long Prairie Vikingland Band Festival | Alexandria

### <u>JULY</u>

Bertha Bear Country Days
Hewitt Days
Minnesota Senior Games | Alexandria
Alexandria Circus
Star Storm Fireworks Display | Alexandria
Hockey Fest | Alexandria
MN Chain of Lakes Boat Show | Alexandria
Miltona Tornado Days
Relay for Life | Alexandria
Art in the Park | Alexandria
Eagle Bend Summer Festival
Great Alexandria Bike Race

### JULY, CONTD.

Tour of Gardens | Alexandria GEM Fest | Grey Eagle State Trapshooting Tournament | Alexandria

### **AUGUST**

Todd County Fair | Long Prairie
Douglas County Fair | Alexandria
Boats, Blues & BBQ | Alexandria
Downtown Crazy Days | Alexandria
Garfield Day
Parkers Prairie Fall Festival
Forada Days
Mid-Summer Fest | Brandon
Festival of the Lakes | Alexandria

### **SEPTEMBER**

Minnesota Food & Wine Festival | Alexandria Alexandria Fall Arts & Crafts Show Lake Hospice Motorcycle Ride | Alexandria Humane Society 5K & 10K | Alexandria Scandinavian Fall Bazaar | Garfield Fall in Love with Downtown | Alexandria

### **OCTOBER**

Fall Apple Festival | Alexandria Applefest & Catapult Contest | Alexandria Clarissa Haunted House Long Prairie Halloween Parade

### **NOVEMBER**

Christmas in the Fort | Alexandria Clarissa Christmas Tree Lighting

### **DECEMBER**

Holiday Extravaganza | Osakis Santa Days | Garfield Eagle Bend Santa Claus Day Christmas Open House | Alexandria



33455 - 201st Ave Clarissa, MN 56440

218-820-4021 320-630-0297

www.ehrlichmannstructuralmoversmn.com

Houses
Garages
Pole Sheds
Structural Straightening &
Houses Raised for Basements
WE BUY HOUSES &
BUILDINGS

# TODD COUNTY

Administrator	(320)732-6447
Assessor	732-4431
Attorney	732-6039
Auditor & Treasurer	732-4473
Community Corrections	732-6165
Court Administration	732-7800
Emergency Management	533-4697
Environmental & Land Resources	732-4420
Extension Office	732-4435
GIS & Land Services	732-4248
Public Works	
Public Health	
Recorder	
Sheriff	732-2157
Social Services	
Soil & Water	
Solid Waste	594-2210
Veteran Services	732-4419

# DOUGLAS COUNTY

Administrator	(320)762-3882
Assessor	762-3884
Attorney	762-3856
Auditor & Treasurer	762-3077
Community Corrections	762-3889
Court Administration	762-3033
Emergency Management	762-8151
Environmental & Land Resources	
Extension Office	762-3890
GIS & Land Services	762-2999
Public Works	762-2999
Public Health	763-6018
Recorder	762-3877
Sheriff	
Social Services	
Soil & Water	
Solid Waste	
Veteran Services	762-3883



**Your Hometown Grocery Store** 



Check out our smoked meats!

(320) 859-8153 59 W Main St, Osakis, MN 56360



# TODD COUNTY HISTORY



nce home to Dakota, Ojibwe and Winnebago Indians, Todd County was settled in the 1840s. It was established in 1856 and organized in 1867. Todd County was named in honor of John Blair Smith Todd who was a general at Fort Ripley and territorial governor. Settlers were attracted to the ample timber and fertile prairie soil and construction of the railroad promoted development. Long Prairie was selected as the county seat and the first courthouse was built in 1883. By 1900 its population had reached 22,214 and the area continued to thrive. Today Todd County is home to approximately 23,869 residents and over 27,000 acres of lakes.

BERTHA – pop. 426 BROWERVILLE – pop. 691 BURTRUM – pop. 132 CLARISSA – pop. 592

EAGLE BEND – pop. 567 GREY EAGLE – pop. 326 HEWITT – pop. 259
LONG PRAIRIE (COUNTY SEAT) – pop. 2,809
OSAKIS – pop. 1,572
STAPLES – pop. 3,019
WEST UNION – pop. 89
\*Populations are approximate.

# TODD COUNTY COMMUNITIES

### **BERTHA**

Bertha was organized in 1878 and a post office was established in 1880 by John C. Ristau. The community was named in honor of Mr. Ristau's wife, Bertha, who was one of the first female settlers in the area. Construction of the railroad sparked growth and streets were platted by Francis and Louis Riggs in 1891. Bertha was incorporated in 1897 and has continued to thrive. Today Bertha is home to approximately 426 residents.

### **BROWERVILLE**

Browerville was first recognized as Hartford as the area was settled in 1865. It was renamed in honor of land owner and surveyor, Jacob Vradenberg Brower, who platted streets in 1882. Browerville was incorporated in 1884 and churches and schools were constructed to meet the growing needs of the community. Today Browerville is home to approximately 691 residents.

### **BURTRUM**

Located in Burnhamville Township, Burtrum was settled in the 1880s and first recognized as Hansen. The development of the railroad attracted new residents and streets were platted in 1884. A post office was established in 1888 and the community was incorporated in 1894 as it began to grow and develop. Today Burtrum is home to approximately 132 residents.

### **CLARISSA**

The land Clarissa was founded upon was donated by Lewis Bischoffsheim and his wife Clarissa in 1877. Streets were platted by George G. Howe in 1879 and Mr. Howe named the community in honor of Mrs. Bischoffsheim. A post office was established in 1880 and as railroad lines were constructed, Clarissa began to thrive. Today Clarissa is home to approximately 592 residents.

### **EAGLE BEND**

Eagle Bend was founded in 1883 and named after the bend of nearby Eagle Creek. The community was platted on land belonging to Benjamin F. Abbott. Mr. Abbott played an integral role with the development of the community and assisted with the establishment of a post office. Eagle Bend was incorporated in 1890 and businesses were organized to meet the growing needs of the community. Today Eagle Bend is home to approximately 567 residents.

# TODD COUNTY COMMUNITIES

### **GREY EAGLE**

Grey Eagle was first settled by the Huffman brothers in 1873 and the community was named after an eagle shot in the area in 1868. James Huffman served as Grey Eagle's first postmaster in 1877 and Joseph Huffman established the first hotel. Streets were platted in 1882 and the community was incorporated in 1898. Construction of the railroad allowed for development as its proximity to the nearby lakes attracted residents. Today Grey Eagle is home to approximately 326 residents.

### **HEWITT**

Located in Stowe Prairie Township, Hewitt was named in honor of local farmer Henry Hewitt who was one of its earliest settlers. Mr. Hewitt donated land for the community. George Hildreth served as the first postmaster in 1880. Streets were platted in 1891 and Hewitt was incorporated in 1899. As rail lines were established Hewitt continued to grow. Today Hewitt is home to approximately 259 residents.

### **LONG PRAIRIE (COUNTY SEAT)**

Long Prairie was settled in the 1850s and was once home to a Winnebago Indian reservation. Ample natural resources and access to water attracted many settlers. It was named after nearby Long Prairie River and streets were then platted in 1867. David Olmsted served as the area's first postmaster and was highly influential in the development in Todd County. Long Prairie was selected as the county seat and by 1870 its population had reached 3,000. Businesses were established and the community was incorporated in 1883. Today Long Prairie is home to approximately 2,809 residents.

### **STAPLES**

In the late 1800s the Dower and Staples families, who were prominent in the lumber industry, settled in present day Staples. The local lake was named after the Dower family and the community was named after the Staples family. As the area began to develop, schools, churches, stores, mills and blacksmith shops were built and the area continued to grow. Today Staples is home to approximately 3,019 residents.

### **WEST UNION**

West Union was settled in the 1860s and named after West Union, lowa, where many settlers originated. A post office was established in 1860 and the community was organized in 1867. Streets were platted in 1881 on land owned by Joel Myers and the development of the railroad allowed for growth. Today West Union is home to approximately 89 residents.

# DOUGLAS COUNTY HISTORY



nce home to Dakota and Ojibwe Indians, Douglas County was settled and established in 1858. The area was organized in 1866 and named in honor of Supreme Court Judge and Senator Stephen A. Douglas. Settlers were attracted to the ample natural resources and construction of a military road and the railroad prompted development. Alexandria was selected as the county seat and the first courthouse was built in 1876. By 1900 its population had reached 17,964 and the area continued to thrive. Today Douglas County is home to approximately 36,390 residents and home to over 250 lakes.

**ALEXANDRIA (COUNTY SEAT)** – pop. 11,237

**BRANDON** – *pop.* 439

**CARLOS** – *pop.* 421

**EVANSVILLE** – pop. 568

**FORADA** – *pop.* 193

GARFIELD – pop. 242

KENSINGTON — pop. 267

MILLERVILLE – pop. 111

**MILTONA** – *pop.* 370

**NELSON** – *pop.* 164

**OSAKIS** – pop. 1,572

\*Populations are approximate.

# Douglas County Communities

### **ALEXANDRIA (COUNTY SEAT)**

Alexandria was settled in 1858 and named in honor of early settler Alexander Kinkead. Mr. Kinkead served as the area's first postmaster and as a road was constructed in 1859, Alexandria grew dramatically. Streets were platted in 1866 and the community was incorporated in 1877. Alexandria was selected as the county seat and as the railroad was built in 1878, the area continued to develop. The community became popular for summer travelers due to its proximity to a variety of lakes and has continued to thrive. Today Alexandria is home to approximately 11,237 residents.

### **BRANDON**

Brandon was first settled in 1860 and a post office was established in 1861. Streets were platted by Lt. George A. Freudenrich in 1879 and the community was named after Brandon, Vermont, birthplace of settler Stephen Douglas. Brandon was incorporated in 1881 and as rail lines were constructed, the area began to grow and businesses began to thrive. Today Brandon is home to approximately 439 residents.

### **CARLOS**

Settled in 1863, Carlos was named after nearby Carlos Lake. Settlers were attracted to the ample natural resources and access to water. Businesses and a school were established to meet the growing needs of the community and the development of the railroad added to its growth. Carlos was incorporated in 1904 and the area has continued to flourish. Today Carlos is home to approximately 421 residents.

### **EVANSVILLE**

Evansville was settled in 1858 and named in honor of Evan Evanson who was one of the first postmasters in the area. Streets were platted in 1872 by Jacob Shanar and the railroad arrived in 1879. Evansville was incorporated in 1881 and the first newspaper was published the following year. Businesses, churches and a school were founded and the community began to grow. Today Evansville is home to approximately 568 residents.

### **FORADA**

The name Forada was derived from the first name of early settler Ada Campbell and streets were platted by Cyrus A. Campbell in 1903. Residents were attracted to nearby Maple Lake and a post office was established in 1904. Forada was incorporated in 1905 and construction of the railroad allowed for growth. Today Forada is home to approximately 193 residents.

### **GARFIELD**

Garfield was settled in the 1880s as the rail lines were built and the community was named in honor of President James A. Garfield. Streets were platted in 1882 and Torgels Knutson served as the first mayor. Garfield was incorporated in 1905 and the area continued to develop. A fire nearly destroyed the community in 1928, but residents quickly rebuilt. Today Garfield is home to approximately 242 residents.

### **KENSINGTON**

Located in Solem Township, Kensington was named after Kensington, England, where several settlers originated. Streets were platted by William D. Washburn in 1887 and the first post office was founded. Kensington was incorporated in 1891 and the community continued to grow. The Kensington Runestone, a 200 pound controversial grey rock, was discovered in the area in 1898 which was believed to bear Scandinavian markings. Today Kensington is home to approximately 267 residents.

### **MILLERVILLE**

Millerville was settled in the 1860s as fertile soil and ample natural resources attracted residents. The community was named in honor of John Miller, an influential pioneer and a post office was established in 1869. Millerville was incorporated in 1903 and early industry was dominated by agriculture. Today Millerville is home to approximately 111 residents.

### **MILTONA**

Miltona was named in honor of Florence Miltona Roadruck, wife of one of the area's earliest settlers. The community began as a railway station and then relocated to land belonging to John Hintzen. Mr. Hintzen was influential in the platting and organization of Miltona and the community began to thrive. In 1970 a tornado almost destroyed Miltona, but residents quickly rebuilt and now celebrate Tornado Days annually. Today Miltona is home to approximately 370 residents.

### **OSAKIS**

Osakis was first settled by the Mary Gordon family in 1857. Mrs. Gordon established an inn which became a popular stopping place for travelers. The area began to grow and mills were constructed, attracting new residents. As the railroad arrived in 1878, Osakis continued to develop and the area was a popular trade center for agricultural products. Today Osakis is home to approximately 1,572 residents.

### TORNADO SAFETY

# **Precautions:**

- · Know where you can take shelter in seconds.
- · HAVE A PLACE, EVERYONE KNOWS, TO GO TO AFTER
- THE STORM HAS PASSED.
- FLYING DEBRIS IS THE BIGGEST DANGER DURING A TORNADO. YOUR SHELTER SPACE SHOULD HAVE MATTRESSES OR THICK BLANKETS AROUND, TO PROTECT YOURSELVES.
- DO NOT OPENIYOUR WINDOWS TO TRY & "EQUALIZE THE PRESSURE." THIS ONLY MAKES IT EASIER FOR DEBRIS TO INJURE YOU.
- · Also, STAY AWAY FROM WINDOWS!

# Things to Look and Listen For

- · CONSTANT ROTATION OF THE CLOUDS BASE.
- FLYING/ROTATING DEBRIS UNDER THE CLOUD.
- TORNADOS DON'T ALWAYS HAVE A VISIBLE FUNNEL.
- Heavy Rain or Hail followed by either by an eerie Calm in the storm or Rapid wind changes & shifts.
- LISTEN FOR LOUD, CONTINUOUS RUMBLING WITH NO BREAKS IN IT LIKE THUNDER.



You can figure out how far away the lightning is from you like this...
Count the seconds inbetween the flash of lightning & the crack of thunder.
Divide the number of seconds by 5 & you have your distance in miles.

O SECONDS

5 SECONDS

20 SECONDS 4.35 MILES

60 SECONDS

# DO TO Upen Your Undows!



- · Clean out the gutters.
- · Clean or replace dirty furnace filters.
- Clean humidifiers by replacing old filters and clean the inside compartment.
- Drain and winterize outdoor faucets and irrigation systems.
- Winterize air conditioning unit (depending on climate).
- · Remove fallen leaves from the lawn and fertilize.
- Service sprinklers and irrigation system.
- · Put away seasonal furniture.
- Put up storm windows.
  - · Repair damaged sidewalks, driveways and steps.
  - · Seal windows and cracks around the house.
  - · Insulate the duct work in your home.
- Test smoke and CO monitors also inspect fire extinguishers.
- Get the furnace and water heater checked by a professional.
- · Check fireplaces for soot or creosote build-up.
- · Get your winter equipment ready.
- · Inspect your roof for damage.

### ATHLETIC COMPLEX

Browerville | (320) 594-2201

The Athletic Complex near the Browerville Public School features an outdoor swimming pool, playground equipment, tennis courts, ball fields, running track and picnic areas.

### **BASS LAKE PARK**

Grey Eagle | (320) 285-2464

Bass Lake Park features a fishing pier, boat launch, swimming beach and picnic areas.

### BATTLE POINT COUNTY PARK

Osakis | (320) 859-3777

Located near Lake Osakis, Battle Point County Park features a boat launch, nature trails and picnic areas.

### **BIG BIRCH LAKE PARK**

Grey Eagle | (320) 285-2464

Big Birch Lake Park features a fishing pier, swimming beach with bath house and picnic areas.

### **CHIPPEWA PARK**

Brandon | (320) 762-2966

Chippewa Park features a campground, boat launch, fishing pier, swimming beach, playground equipment, nature trails, horseshoe pit, and picnic areas with grills.

### **CHRIST THE KING PARK**

Browerville | (320) 594-2201

Christ the King Park features playground equipment and picnic areas.

### **CURTIS A. FELT MEMORIAL PARK**

Alexandria | (320) 762-2966

Curtis A. Felt Park features a historic display, playground equipment, ball diamond, sand volleyball court, nature trails and picnic areas with grills.

### DOWER LAKE RECREATION AREA

Staples | (218) 894-2553

Dower Lake Recreation Area features a campground, fishing pier, swimming beach, basketball court, sand volleyball courts, ball diamonds, nature trails, horseshoe pits, disc golf course and picnic areas.

### **HEWITT CITY PARK**

Hewitt | (218) 924-4343

Hewitt City Park features a swimming beach and picnic areas.

### **KENSINGTON RUNESTONE PARK**

Kensington | (320) 762-2966

Kensington Runestone Park features a historic display, playground equipment, horseshoe pit, sand volleyball court, nature trails and picnic areas with grills.

### LAKE BROPHY PARK

Garfield | (320) 762-2966

Lake Brophy Park features a fishing dock, swimming beach, historic display, playground equipment, nature trails and picnic areas with grills.

### LAKE CARLOS STATE PARK

Carlos | (320) 852-7200

Lake Carlos State Park features a campground, boat launch, swimming beach and picnic areas.

### LAKE CHARLOTTE PARK

Long Prairie | (320) 732-2167

Lake Charlotte Park features a fishing pier, boat launch, swimming beach, playground equipment, basketball court, tennis court, sand volleyball court, ball diamond and picnic areas.

### LAKE LE HOMME DIEU BEACH

Alexandria | (320) 762-2966

Lake Le Homme Dieu Beach features a fishing pier, swimming beach, sand volleyball court, nature trails and picnic areas.

### LION'S CENTENNIAL PARK

Grey Eagle | (320) 285-2464

Lion's Centennial Park features tennis courts, sand volleyball courts, ball diamond and picnic areas.

### LION'S PARK

Eagle Bend | (218) 738-5982

Lion's Park features playground equipment, tennis court, ball diamond and picnic areas.

### LIVING LEGACY GARDENS

Staples | (218) 894-5161

The Living Legacy Gardens feature perennials, shadeloving plants, wildflowers, native plants, herbs and picnic areas.

### LOCKE PARK

Long Prairie | (320) 732-2167

Locke Park features playground equipment and picnic areas.

### **NELSON PARK**

Eagle Bend | (218) 738-5982

Nelson Park features a basketball court, sand volleyball court, roller blading area, nature trails and picnic areas.

### **NORTH PARK**

Browerville | (320) 594-2201

Located near Eagle Creek, North Park features fishing opportunities and picnic areas.

### **OSAKIS PUBLIC BEACH**

Osakis | (320) 859-3777

Osakis Public Beach features fishing pier, swimming beach with bath house and picnic areas.

### PINE GROVE PARK

Staples | (218) 894-2553

Pine Grove Park features playground equipment, ball diamond, horseshoe pits, nature trails and picnic areas.

### SOLDIER'S FIELD

Long Prairie | (320) 732-2167

Soldier's Field features a ball diamond and picnic areas.

### **SOUTH PARK**

Browerville | (320) 594-2201

South Park features playground equipment, picnic areas and an ice skating rink during winter months.

### SPRUCE HILL PARK

Miltona | (320) 762-2966

Spruce Hill Park features a fishing pier, swimming beach, ball diamond, nature trails and picnic areas with grills.

### **VETERANS PARK**

Staples | (218) 894-2553

Currently under development, Veterans Park will feature a historic display and picnic areas.

### WATER TOWER HILL

Long Prairie | (320) 732-2167

Water Tower Hill features picnic areas and sledding during winter months.

### **WAYSIDE REST & PARK**

Eagle Bend | (218) 738-5982

Wayside Rest and Park features picnic areas with grills.

### **WESTSIDE PARK**

Long Prairie | (320) 732-2167

Westside Park features playground equipment, ball diamond and picnic areas.

# AREA ATTRACTIONS

**ALEXANDRIA AREA ARTS ASSOCIATION** 

618 Broadway St. | Alexandria | (320) 762-8300

**ALEXANDRIA BEETLES BASEBALL** 

121 W 5th Ave. | Alexandria | (320) 763-8151

**ALEXANDRIA FESTIVAL OF THE LAKES** 

610 Fillmore St. #6 | Alexandria | (320) 762-5666

ANDES TOWER HILLS SKI AREA

4505 Andes Rd. SW | Kensington | (877) 542-6337

**ANTIQUES OSAKIS** 

26 W Main St. | Osakis | (320) 859-3200

ARROWWOOD RESORT & INDOOR WATERPARK

2100 Arrowwood Ln. NW | Alexandria | (866) 386-5263

**BLIZZARD HOCKEY** 

802 3rd Ave. W | Alexandria | (320) 763-7600

**CARLOS CREEK WINERY** 

6693 Co. Rd. 34 NW | Alexandria | (320) 846-5443

CASEY'S AMUSEMENT PARK

1305 Nokomis St. NE | Alexandria | (320) 763-7576

**CHRISTIE HOME MUSEUM** 

42 3rd St. N | Long Prairie | (320) 732-2514

**CROOKED WILLOW** 

11181 Hwy. 27 E | Osakis | (320) 859-3624

**DOUBLE EAGLE GOLF COURSE** 

31886 Co. Rd. 3 | Eagle Bend | (218) 738-5155

DOUGLAS COUNTY HISTORICAL SOCIETY

1219 Nokomis St. | Alexandria | (320) 762-0382

**EAGLE MOUNTAIN TRAIL & TUBING** 

33861 Breezy Dr. | Burtrum | (320) 573-2222

**ERICKSON'S PETTING ZOO** 

11890 Hope Rd. SE | Osakis | (320) 762-0184

**EVANSVILLE ART CENTER** 

111 Main St. | Evansville | (218) 948-2787

**FORT ALEXANDRIA** 

206 Broadway St. | Alexandria | (320) 763-3160

**GENEVA GOLF CLUB** 

4181 Geneva Golf Club Dr. | Alexandria | (320) 762-

**HOT AIR BALLOON RIDES** 

Hwy. 11 S | Clarissa | (218) 756-2162

**KENSINGTON TOLLSKOGEN SKI TRAIL** 

8755 Co. Rd. 103 SW | Kensington | (320) 762-2966

**KNUTE NELSON HOUSE** 

1219 Nokomis St. | Alexandria | (320) 762-0382

LAKE CARLOS STATE PARK

2601 Co. Rd. 38 NE | Carlos | (320) 852-7200

**LAKE MILTONA GOLF CLUB** 

3868 Co. Rd. 5 NE | Alexandria | (320) 852-7078

**LAKES AREA THEATRE** 

2214 Geneva Rd. NE | Alexandria | (320) 808-3841

LONG DRIVE-IN THEATRE

24257 Riverside Dr. | Long Prairie | (320) 732-3142

LONG LAKE LODGE HUNTING PRESERVE

16021 Long Lake Rd. NW | Brandon | (320) 524-2755

**LONG PRAIRIE COUNTRY CLUB** 

406 SE 6th St. | Long Prairie | (320) 732-3312

MCCOY BIG GAME HUNTING RANCH

30423 Grosbeak Rd. | Long Prairie | (320) 732-2514

**MIDWAY MALL CINEMA 9** 

2910 Broadway St. S | Alexandria | (320) 762-8204

MINNESOTA LAKES MARITIME MUSEUM

205 W 3rd Ave. | Alexandria | (320) 759-1114

**OFF BROADWAY ANTIQUES** 

201 E 6th Ave. | Alexandria | (320) 763-0852

**OSAKIS AREA HERITAGE CENTER** 

801 Nokomis St. E | Osakis | (320) 859-3777

**OSAKIS COUNTRY CLUB** 

501 E 8th Ave. | Osakis | (320) 859-2140

**PASTIME ANTIQUES** 

314 1st Ave. NE | Long Prairie | (320) 732-4800

PINE RIDGE GOLF COURSE

13955 Co. Rd. 16 NW | Evansville | (320) 834-4028

PIONEER VILLAGE

304 S Gran St. | Evansville | (218) 948-2010

**RUNESTONE MUSEUM** 

206 Broadway St. | Alexandria | (320) 763-3160

THEATRE L'HOMME DIEU

1875 Co. Rd. 120 NE | Alexandria | (320) 846-3150

**TODD COUNTY HISTORICAL MUSEUM** 

333 Central Ave. | Long Prairie | (320) 732-4426

THE VINTAGE GOLF CLUB AT STAPLES

27923 McGivern St. | Staples | (218) 894-9907

VIKING SPEEDWAY, INC.

P.O. Box 462 | Alexandria | (320) 762-1559

**WEST UNION GENERAL STORE ANTIQUES** 

101 1st St. | West Union | (320) 859-4927



Live Theater... Miles from New York, Right on Broadway!

320-762-8300

www.alexandriaareaarts.org · 618 Broadway, Alexandria, MN

# HUNTING SEASONS

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157. Contact the MN DNR for specific zone areas/dates:

Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236. You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

Small Game - Rabbits, Squirrels season 09/17/16 - 02/28/17

Raccoon, Red Fox, Gray Fox, Badger, Opossum (South) Hunting & Trapping 10/22/16 - 03/15/17

Raccoon, Red Fox, Gray Fox, Badger, Opossum (North) Hunting & Trapping 10/15/16 - 03/15/17

Crow Hunting (3rd season) 09/01/16 - 10/31/16

Crow Hunting (4th season) 12/15/16 - 12/31/16

Fall Turkey season 10/01/16 - 10/30/16

Bear Baiting start date 08/12/16

Bear season 09/01/16 - 10/15/16

Statewide Wild Rice Harvesting 08/15/16 - 09/30/16

Snipe and Rail Hunting season 09/01/16 - 11/07/16

Mourning Dove season 09/01/16 - 11/09/16

Early Canada Goose season 09/03/16 - 09/22/16

Pheasant season 10/15/16 - 01/01/17 Youth Waterfowl Day-Tentative 09/10/16

Waterfowl season opener-Tentative 09/24/16

Sandhill Crane season-NW zone-Tentative 09/10/16 - 10/16/16

Ruffed and Spruce Grouse, Hungarian Partridge season 09/17/16 - 01/01/17

Sharptailed Grouse season 09/17/16 - 11/30/16

Woodcock season 09/24/16 - 11/07/16

Prairie Chicken Hunt Lottery Deadline 08/19/16

Prairie Chicken season 09/24/16 - 10/02/16

Take-a-Kid Hunting weekend 09/24/16 - 09/25/16

Antlerless Deer and Special Hunt Lottery Deadline 09/08/16

Deer Hunt - Special Youth Deer season 10/20/16 - 10/23/16

Deer Hunt - Archery season 09/17/16 - 12/31/16

Deer Hunt - Firearm season - 1A 11/05/16 - 11/20/16

Deer Hunt - Firearm season - 2A and 3A 11/05/16 - 11/13/16

Deer Hunt - Firearm season - 3B 11/19/16 - 11/27/16

Deer Hunt - Muzzleloader season 11/26/16 - 12/11/16

Fisher and Pine Marten-north of I-94 and US Hwy 10 only 11/26/16 - 11/30/16

Bobcat - Hunting & Trapping-north of I-94 and US Hwy 10 only 11/26/16 - 01/08/17

Furbearer Trapping - Beaver - north zone 10/29/16 - 05/15/17

Furbearer Trapping - Beaver - south zone 10/29/16 - 05/15/17

Furbearer Trapping - Mink and Muskrat - north zone 10/29/16 - 02/28/17

Furbearer Trapping - Mink and Muskrat-south zone 10/29/16 - 02/28/17

Furbearer Trapping - Otter - north zone 10/29/16 - 01/08/17

Furbearer Trapping - Otter - south zone 10/29/16 - 01/08/17

\*At the time of publication not all of the 2016-2017 Minnesota Hunting Seasons were available. Contact www.dnr.state.mn.us for more information



# Statema Backhoe Service, LLC

# MPCA CERTIFIED SEPTIC SYSTEMS FREE ESTIMATES FROM DESIGN TO INSTALLATION COMPLIANCE INSPECTIONS

Site Prep • Basements • Waterlines • Driveways • Landscaping • Black Dirt • Gravel Fill Dirt • Clearing & Grading • Construction & Abandonment of Manure Pits Ditch Cleaning • Commercial & Residential

Andy Statema - 320-594-2912 Cell - 320-760-6212

LICENSED-BONDED-INSURED

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online <a href="https://www.dnr.state.mn.us">www.dnr.state.mn.us</a>, Toll Free: 1 (888) 646-6367
Or visit one of the ELS agents available throughout the area:

**ALEXANDRIA** 

BIG FOOT RESORT

8231 SW Hwy. 114 | Alexandria | (320) 283-5533

**CENEX CONVENIENCE STORE** 

1705 S Broadway St. | Alexandria | (320) 763-6557

CHRISTOPHERSON'S

309 E 3rd Ave. | Alexandria | (320) 763-3255

**DOUGLAS COUNTY LICENSE BUREAU** 

715 Elm St. #1065 | Alexandria | (320) 762-3897

**HOLIDAY STATIONSTORE #29** 

320 E 3rd Ave. | Alexandria | (320) 762-0447

**HOLIDAY STATIONSTORE #177** 

650 W 50th Ave. | Alexandria | (320) 763-8130

**HOLIDAY STATIONSTORE #345** 

5310 S Hwy. 29 | Alexandria | (320) 732-2901

**HOLIDAY STATIONSTORE #370** 

785 N Nokomis St. | Alexandria | (320) 759-1720

JIM & JUDY'S

12321 N Hwy. 29 | Alexandria | (320) 852-7604

MILLS FLEET FARM

310 50th Ave. W | Alexandria | (320) 763-4277

THREE HAVENS GENERAL STORE

3907 NE Co. Rd. 42 | Alexandria | (320) 846-3764

WALMART SUPERCENTER #1632

4611 S Hwy. 29 | Alexandria | (320) 762-8945

**BERTHA** 

SEVEN OAKS EXPRESS, INC.

316 W Main St. | Bertha | (218) 924-3302

**BRANDON** 

**BOB'S ADIUM** 

201 S Central Ave. | Brandon | (320) 834-4081

**KNOTTY PINE BAIT-N-GAS** 

103 Central Ave. | Brandon | (320) 524-2646

**BROWERVILLE** 

**BROWERVILLE HARDWARE** 

531 S Main St. | Browerville | (320) 594-6012

TOTAL EXPRESS

457 Main St. | Browerville | (320) 594-6220

**CARLOS** 

BEHENG IMPLEMENT, INC.

204 Main Ave. | Carlos | (320) 852-7111

**CLARISSA** 

**EAGLE VALLEY EXPRESS** 

404 Hwy. 71 | Clarissa | (218) 756-3320

**EAGLE BEND** 

SHIRLEY'S GAS & GROCERY

411 S Hwy. 71 | Eagle Bend | (218 738-2044

**EVANSVILLE** 

HIWAY AMCO, INC.

110 Railroad St. | Evansville | (218) 948-2968

**OSTROM'S HARDWARE & SPORTING GOODS** 

119 Main St. | Evansville | (218) 948-2238

**GARFIELD** 

**GARFIELD CENEX** 

4451 Cty. Rd. NW | Garfield | (320) 834-2224

**GREY EAGLE** 

**GREY EAGLE BP AMOCO** 

219 E State St. | Grey Eagle | (320) 285-2336

THE JUNCTION

102 W State St. | Grey Eagle | (320) 285-2484

NANCY'S BAIT & TACKLE

34725 Co. Rd. 2 | Grey Eagle | (320) 573-2404

**HOLMES CITY** 

**BLADES STORE** 

11142 SW Co. Rd. 94 | Holmes City | (320) 886-5511

KENSINGTON

CROSSROADS GENERAL STORE, INC.

11 Railway St. | Kensington | (320) 965-2746

**LONG PRAIRIE** 

**HEARTLAND SPORTS CENTER** 

22251 Hwy. 71 | Long Prairie | (320) 732-2719

**HOLIDAY STATIONSTORE #55** 

14 S Lake St. | Long Prairie | (320) 732-6721

LONG PRAIRIE FLEET SUPPLY

940 Commerce Rd. | Long Prairie | (320) 732-6195

**NELSON** 

JILL'S GAS & GROCERY, INC.

550 S Nelson St. | Nelson | (320) 763-6029

**OSAKIS** 

THE GENERAL STORE

204 Central Ave. | Osakis | (320) 859-5159

HEAD OF THE LAKES RESORT, LLC

15080 Gardenia Dr. | Osakis | (320) 859-4252

HOMETOWN HOLIDAY RESORT

13377 Falcon Dr. | Osakis | (320) 859-4360

**IDLEWILDE RESORT** 

811 Lake St. | Osakis | (320) 859-2135

LAKESHORE RESORT

12676 Fairfax Dr. | Osakis | (320) 859-2400

LINWOOD RESORT

17857 E Lake St. | Osakis | (320) 859-2175

MATT'S BAIT

11 W Nokomis St. | Osakis | (320) 859-2181

**STAPLES** 

**DON N DAVE'S STORE** 

26762 Co. Rd. 26 | Staples | (218) 894-2014

MILLER TRUE VALUE

205 Warner Rd. | Staples | (218) 894-3263

**ORTON'S STAPLES-CITGO** 

215 NE 2nd St. | Staples | (218) 894-1455

STAPLES SELF SERVICE, INC.

131 NE 4th St. | Staples | (218) 894-1149

STAPLES SUPERAMERICA

1101 NE 2nd Ave. | Staples | (218) 894-1361

**WAHOO VALLEY BAR & GRILL** 

19680 Wahoo Valley Dr. | Staples | (218) 894-1691

# ICE SAFETY GUIDELINES:

OR LESS

IS UNSAFE TO WALK ON. ICE THAT IS 4"

STAY AWAY OR MORE
FROM THIN ICE! IS OKAY TO WALK ON

OR MORE
IS OKAY TO DRIVE
SNOWMOBILES

OR ATV'S ON

ICE THAT IS 12"
OR MORE
IS OKAY TO DRIVE
SMALL CARS ON

OR MORE
IS OKAY TO DRIVE
MEDIUM SIZED

TRUCKS ON

[2"

THIN ICE!



12"

15"

THERE IS NO SUCH THING AS 100% SAFE ICE!!!

# Did you know?

- Ice always forms unevenly. It can be 2 feet thick in one spot, and just a few inches thick a couple feet away.
- The most dangerous ice is formed over flowing water. It's especially dangerous near streams, culverts and bridges. Also, the faster the water is running, usually means the weaker the ice will be.
- Snow insulates the ice and slows the freezing process. The added weight
  of the snow reduces the strength of the ice. Also, ice that is closer to shore
  is usually weaker than ice farther out.
- Cracking and rumbling ice isn't always bad. The ice expands and contracts as the temperature rises and falls.
- Fish and birds/wildlife can also effect the ice. Schools of fish can bring warm water from the bottom of lakes, and open holes in seemingly thick ice.
- ALWAYS BE CAUTIOUS WHEN YOU ARE ON ICE!

# 7ISHING SEASONS

Species	Season	Possession Limit
Walleye and Sauger	5/14/16 - 2/26/17	6 combined, not more than one walleye over 20"
Northern Pike	5/14/16 - 2/26/17	3, not more than one over 30"
Muskellunge	6/4/16 - 12/1/16	1, minimum size 54"
Northeast zone, north and east of U	S Hwy 53 from Duluth	
Pelican and Ash lakes in St. Louis Co	시민이 아이를 가게 하는 것이 하는 것이 없는 것이 없다.	
Largemouth and Smallmouth Bass	5/14/16 - 2/26/17	6 combined
Largemouth and Smallmouth Bass	5/14/16 - 5/27/16	Catch-and-release only
Largemouth and Smallmouth Bass		6 combined
Largemouth Bass	9/12/16 - 2/26/17	6
Smallmouth Bass	9/12/16 - 2/26/17	Catch-and-release only
Crappie	Continuous	10
Sunfish	Continuous	20
Rock Bass	Continuous	30
White Bass	Continuous	30
Channel Catfish Continuous 5 in cor	mbination with Flathe	ad Catfish, only 1 fish over 24"
Flathead Catfish	4/1/16 - 11/30/16	2, only 1 fish over 24" in
		combination with Channel
		Catfish
Perch	Continuous	20 daily and 40 in possession
Bullhead	Continuous	100
Whitefish and Under-Utilized Fish	Continuous	No limit
Smelt	Continuous	No limit
Including Lake Superior and St. Lou	is River	
Lake and Shovelnose Sturgeon	3/1/16 - 4/14/16	Catch-and-release only, no tag needed
Including Lake Superior and St. Lou	is River	
Lake and Shovelnose Sturgeon	6/16/16 - 4/14/17	Catch-and-release only, no tag needed

\*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367 or go to www.dnr.state.mn.us

# $\mathscr{W}_{\mathsf{INTER}}$ SAFETY

The winter can be tough for everyone. During these months you find yourself dealing with cold temperatures, ice, and snow. Here are a few ways to make your winter safer and more enjoyable.

### Prevent slips and falls on ice.

- Wear cleats on your boots or shoes while outdoors.
- Take you boots or shoes off when indoors. They may have snow or ice on the bottom making them slick on smooth surfaces.
- Salt and sand driveway and sidewalks or have someone do it for you.
- Step down when getting out of a car or off a curb instead of stepping out.

### Keeping warm

Before going outside in the wintertime you need to prepare yourself to prevent things like hypothermia or frostbite. Warning signs of hypothermia include, lots of shivering cold skin that is pale or ashy, feeling very tired, confused and sleepy, feeling weak, problems walking, slowed breathing or heart rate. Warning signs of frostbite include, skin that's white or ashy (for darker skin) or grayish-yellow (for lighter skin), skin that feels hard or waxy, and numbness. Dress in Layers when going outside. For the best results, wear polypropylene or another man-made fabric next to the skin, a knit middle layer, and a man-made outer layer. Never stay in the cold if you have wet or damp clothing, it cools the body more quickly. Depending on the temperature or wind chill you may want to cover all exposed skin to reduce the risk of hypothermia or frostbite.

Carbon monoxide poisoning and fires

During the winter months the risks of carbon monoxide poisoning and fires is much greater due to the different heating methods used to stay warm. While trying to stay warm we are heating our houses with fire places, furnaces, electric heaters, and boilers. When one of these heating methods fail or stop working properly there are potential safety hazards.

※ 禁

- Make sure carbon monoxide detector and fire alarms are working properly.
- Have fireplace and chimney cleaned or furnace and boiler inspected.
- Make sure electric heaters are working properly and not to close to anything flammable.
- Keep a fire extinguisher easily accessible in the areas of your home that have a potential fire hazard.
- Never try heating your home with things that are not made for it like, a stove, oven, or grill.

### Winter Driving

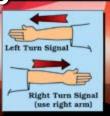
- Don't drive in bad weather unless you have to.
- Never use cruise control on snowy, icy, or wet surfaces.
- Increase your following distance.
- Have a phone on you and let someone know your plans.
- Check your car or get it inspected to make sure things like the tires, antifreeze, window wipers, window washer fluid, oil, battery, and other components are up to date and working properly.
- Stock your car with emergency supplies like a first aid kit, extra warm clothes or blankets, jumper cables, shovel, window scraper, a warning device like a flare or caution lights and a material like kitty litter or sand in case your stuck on ice.
- Keep your gas tank close to full in case you end up stuck or stranded and to prevent gas line freeze.
- Clear off the entire car for increased visibility.
- Never warm up your vehicle in an enclosed area like a garage.



# Bicycle Hand Signals







# Snowmobile Hand Signals

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

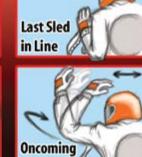
Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.









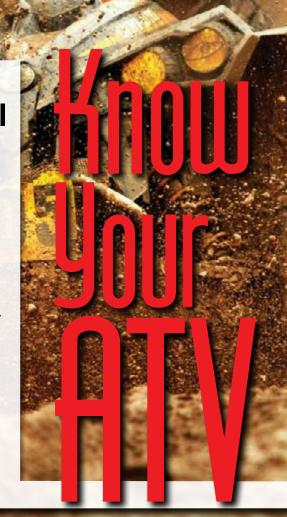




# Read the owner's manual

and know your vehicle thoroughly.

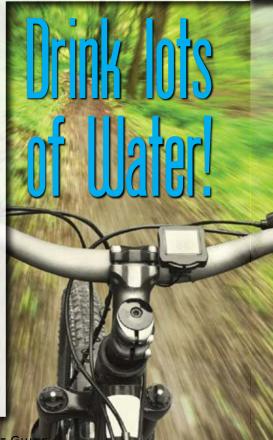
- Check your vehicle before you ride.
- Wear protective equipment and clothing. Don't lend your vehicle to unskilled riders. Supervise young or inexperienced riders. Never carry a passenger on vehicles meant for one rider. Do not operate under the influence of drugs or alcohol. Drive at speeds that are appropriate to trail conditions. Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
   Know the weather forecast.
   Make sure headlights and taillights work properly.
   Maintain safe distances between other riders.
- Reduce your speed when riding at night. Yield to other motor vehicles and trail users. Young or beginning riders are encouraged to take a safety training course.



# SNOWMOBILE SAFETY

# Be Gautious of Other Bikers

· Always wear a properly fitting bike helmet as most serious injuries are to the head. • Be sure your handlebars, seat and wheels fit snugly. • Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure. • Always ride with both hands on the handlebars except when doing turn signals. • When leaving a driveway, curb or alleyway always stop and check for traffic in both directions. • Cross only at intersections. · Use the crosswalk to walk your bike across busy intersections and follow the traffic signals. • Never ride against traffic. Travel in the same direction as the cars. • Whenever you can, use bike routes and avoid busy streets. • Don't ride near parked cars as doors can open and cause accidents. • Obey all traffic signs and traffic lights. • When biking with friends, ride in a single file. • Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known. • Always use bicycle hand signals to alert traffic of your changing direction.



PRIVATE
PROPERTY
NO TRESPASSING

And no t
Stay on
Exercise

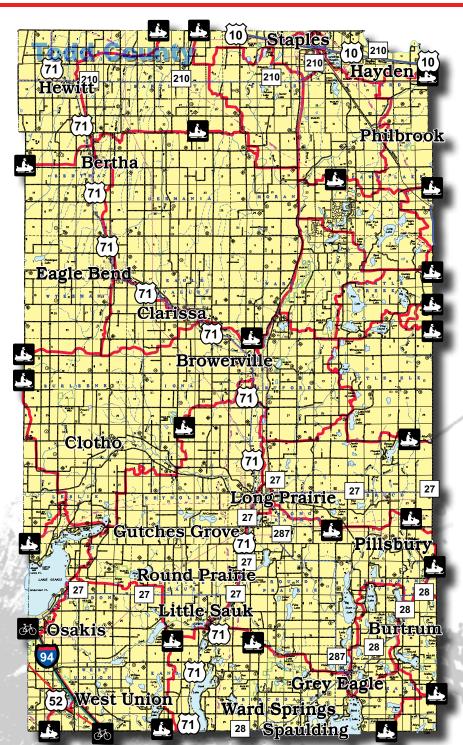
Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey

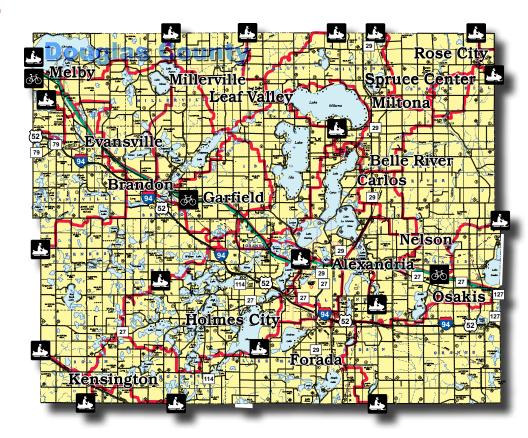
all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

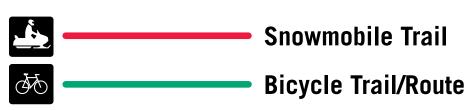
• Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death. Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal. • If you snowmobile at night, don't override your lights. • Always use the buddy system. Never ride off alone. • Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice. • Wear sensible, protective clothing designed for operating a snowmobile. • Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris. • Avoid wearing long scarves. They may get caught in moving parts of the snowmobile. • Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before. • Know the weather forecast, especially the ice and snow conditions. • Be sure your snowmobile is in top-notch mechanical condition throughout the months of use. • Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile. • Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

# Solution Down! Snowmobiling is fun. Going to the hospital isn't.

### LOCAL AREA TRAILS









Don't like all the dirt in your fingernails while you work in the garden? Before you go out, run your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt cannot accumulate. Then, after you are all done gardening, use a toothpick or nailbrush to remove the soap and your nails will be sparkling clean.

> Spray vegetable oil on your string trimmer to help prevent jamming or breaking (Treat before installing string in trimmer).





Make a convenient measuring tool out of a long handled garden tool by laying it on the ground next to a tape measure. Use a permanent marker to copy the inches and feet. Next time you are spacing plants you already have a dual-purpose measuring tool in your hand!

Write the names of your plants (with a permanent marker) on the flat parts of stones of any size and lay them in front of your plants for natural looking markers.



The next time you boil or steam vegetables, use the leftover water to water potted patio plants, and you'll be suprised at how the plants grow with "vege-soup."

You can use leftover tea and coffee grounds to help acidify the soil of acid-loving plants like azaleas, rhododendrons, camellias, gardenias and blueberries. A light sprinkle of about 1/4 of an inch applied once a month will help keep the pH of the soil on the acidic side.



You can use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add some tea to the soil around the soil of seedlings once a week for healthy plant.

Here is a really quick way to dry out your herbs: Just lay a sheet of newspaper on the seat of your car, arrange the herbs in a single layer, then roll up the windows and shut the car doors. Your herbs will be dry in no time!



Use your blender to grind up egg shells. Just like a mother bird chews up worms for the baby birds making the food easier to digest, grinding eggshells makes it easy for your garden to absorb the calcium egg shells retain.

Animals (cats especially) seem to think all of the hard work you've put into your garden looks like a huge litter box. To keep them from pooping on your basil and other plants, strategically place a few plastic forks around your plants to deter them from destroying your fresh herbs, fruits, and vegetables.



# SAFETY TIPS

### **PARENTS:**

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

### KIDS:

### **FIRE SAFETY**

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### **HOME ALONE**

- Never tell anyone that you are home alone.
- If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that
   you know your parents have okay'd
   them to come over.



### FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY

### INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite seek medical attention immediately.

### **POISON PREVENTION**

Teach your children about pois<mark>on and how it ca</mark>n look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn

the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

### Keep your pets safe from household chemicals,

too. Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.





### FIRST AID FOR BURNS & CHOKING

### **BURNS**

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

### Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

### Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock. DO NOT remove burnt clothing. Check for signs of breathing/coughing/movement. If there are no signs of breathing begin CPR. Elevate burned areas above heart level, if possible. Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

### **CHOKING**

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and

five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911



- Hot Tub

- High Speed Wireless
- Adjacent to 3 Restaurants
- . Truckers & Group Discounts

4810 Hwy. 29 S. Alexandria, MN

Microwaves & Refrigerators

\*All Credit Cards Accepted

www.daysinn.com axeldaysinn@gmail.com



Alexandria, MN